

## Bulletin Boards in a SNAP Overview

*Bulletin Boards in a SNAP* was developed by the Wyoming State Nutrition Action Plan (SNAP) team. The purpose of the project is to communicate consistent nutrition messages through multiple channels in order to reduce the risk of overweight and obesity in Wyoming.

The bulletin boards can be used in a variety of community settings to convey nutrition and physical activity messages. All the graphics, handouts, activities and background information are provided on the cd for 9 bulletin boards. The *Bulletin Boards in a SNAP* topics are: Fruits and Vegetables, Family Fun, Healthy Snacks, Walk Away from the TV, Shopping Tips, Cooking with Kids, Hydration, ABC's Activities and Fiber. The bulletin boards can be displayed each month or used as needed.

Each bulletin board topic is located in a folder on the cd. Each folder contains a photo of the completed bulletin board, outline, hand out and the display elements needed to complete the bulletin board. A color printer or access to a color printer is needed to print the information. All files are in the 2007 Microsoft Office Suite of programs or Adobe Acrobat and use 8 ½" X 11" or 8 ½" X 14" paper. Graphics can all be used or broken into parts depending upon your needs. The bulletin boards can be stand alone or used inter-actively with a suggested activity. Colored paper or an inexpensive table cloth can be used for the backgrounds for the boards.

*Bulletin Boards in a SNAP* can be accessed using the cd or at the following website <http://riley.nal.usda.gov/wicworks/bulletinboard/BBSearch.php>. Look for future nutrition and physical activity topics to be added to the website. The cd and all materials may be copied and reproduced for educational purposes.

The bulletin boards are easy to use and provide consistent, research-based nutrition and physical activity messages. A survey can be completed at:

<https://survey.uwyo.edu/TakeSurvey.aspx?SurveyID=p21L8o6K> .

The survey takes less than 5 minutes to complete.

The State Nutrition Action Plan is a collaboration of agencies funded by the USDA Food and Nutrition Service (FNS). The FNS mission recognizes cooperation and working together as vital to the delivery of FNS programs. The State Nutrition Action Plan (SNAP) process fosters strong collaboration and information sharing across program lines and supports implementation of more integrated nutrition education and promotion activities at State and local levels. Wyoming SNAP Team members include the Wyoming Department of Education, Team Nutrition, Wyoming Department of Health, Wyoming Women, Infants and Children Program, University of Wyoming Cent\$ible Nutrition Program, Indian Health Services, and Wyoming Department of Family Services. The Wyoming Area Health Education Center (AHEC) and the University of Wyoming College of Health Sciences provided funding for the project.

For more information about the Wyoming State Nutrition Action Plan yearly goals and objectives, visit <http://www.fns.usda.gov/oane/SNAP/Wyoming.htm> .